

# **MEMBER ASSISTANCE PROGRAM**

**THE MEMBER ASSISTANCE PROGRAM CAN HELP WITH ALCOHOL, SUBSTANCE ABUSE, ANXIETY, DEPRESSION, STRESS AND CRITICAL INCIDENT WORK RELATED CONCERNS (PTSD) FOR INDIVIDUALS AND GROUPS**

**FOR INFORMATION**

**OR**

**TO GET HELP NOW**

**CALL**

**1-888-731-FIRE (3473)**

**Or**

**609-841-3565**

## **YOUR CALL IS CONFIDENTIAL**

**What is a Members Assistance Program?**

**Members Assistance Programs (MAPs) are Member Benefit programs offered by Union. MAPs are intended to help Members with problems that might adversely impact their job performance, health and well-being. The Members Assistance Program is available to all Members and their families.**